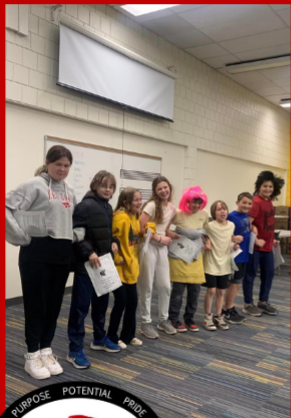


May 2023

# RED HAWK MONTHLY



A monthly update for parents with students at Cedar Springs Public Schools

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# A Message From Our Superintendent

Greetings!

Spring continues to be a great season to be a Red Hawk! It is hard to believe the Class of 2023 will be celebrating their graduation in just a few weeks. As the year is wrapping up, students continue to find success in the classroom and extracurricular pursuits. Our students and their supporters have many achievements to celebrate this month. We also want to take time to acknowledge the accomplishments of our families and staff. Cedar Springs Public Schools has much to be thankful for as we enter the final weeks of the 2022-2023 school year.



In addition to celebrating our students, this week (May 8-12) is designated as Teacher Appreciation Week across the country. The Cedar Springs Public Schools team members have already received an outpouring of support as students, families, and their fellow Red Hawk colleagues have taken time to acknowledge the outstanding efforts of staff members this year. Expressions of kindness continue to be shared with staff throughout this week in a variety of ways. These demonstrations of support filled our tanks just in time for a solid push to the end of the 2022-2023 school year. It is now time to celebrate the parents and caregivers of our incredible Red Hawk students!

On behalf of our students, staff, and Board of Education, we say "Thank you!" to the parents and caregivers who provide endless love and support from home. Your continued support is helping our students overcome obstacles like never before. While it can be difficult to watch our children struggle, the productive struggles in life make us stronger for what lies before us. Struggles can make us stronger as individuals, families, and communities.

Lastly, we also want to acknowledge the actions and support of those members of our community who stand with us day in and day out. Their unwavering commitment to making Cedar Springs Public Schools a place where each of our talented students can thrive is essential to our district's success. We know that these things are not possible without a supportive community. Strong communities build strong schools, and strong schools build stronger communities.

We can. We will. We are. TOGETHER!

With respect and gratitude,  
Scott B. Smith, Superintendent  
Cedar Springs Public Schools

## DISTRICT CALENDAR

### Important Dates

**Spring Band Concerts (HS Auditorium at 7 p.m.)**

High School, Tuesday, May 9

Middle Level, Tuesday, May 16

### **Pops Choir Concerts (HS Auditorium at 7 p.m.)**

High School, Thursday, May 11

Middle Level, Thursday, May 18



### **Half Day for Students**

Friday, May 19

- Dismissal Times
  - Elementary Schools: 12:05 p.m.
  - Red Hawk Intermediate: 10:40 a.m.
  - Middle School: 10:35 a.m.
  - High School: 10:48 a.m.

### **Memorial Day Break (No School)**

May, 26-29

### **Last Day of School/Half Day for Students**

Wednesday, June 7

### **Board of Education Meetings (3rd floor, Hilltop in the Board of Education Room)**

Monday, June 12, 6:45 p.m.

Monday, June 26, 6:15 p.m.

**Download the 2023-2024 Academic Calendar**

**WE ARE RED HAWKS**

## **Surprise Guests Visit Cedar Trails Elementary School**

[Cedar Trails Elementary School](#) students have spent the past year focused on how to be Safe, Kind, Brave, and Responsible. Students have done an outstanding job practicing these expectations. As a reward, students received a surprise concert from the group Gemini!

Gemini is a musical group that meets national music standards focusing on movement, instruments, and learning about cultures! Ms. Davis (music teacher) uses Gemini's music to teach students musical stories, movement, and international folk dancing.

Our students were beyond surprised and had fun moving and singing together to the music of Gemini!





# HEADLINES AND NEWS

## Food Services

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## Enrollment for 2023-2024 School Year

Do you have a preschooler at home? Have family or friends with a child who will be turning five by Dec. 1, 2023? Let them know kindergarten enrollment at Cedar Trails is now open! Visit [bit.ly/23-24CSPS-Enroll](https://bit.ly/23-24CSPS-Enroll) to enroll today!

Kindergarten Kickoff events will be held in March and April for those who enroll (more information sent upon enrollment completion).

Preschool program students must enroll to attend kindergarten.

You do not need to re-enroll if your student already attends Cedar Springs Public Schools in grades Young 5/K-12.



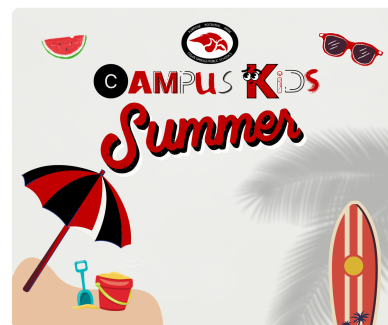


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## Campus Kids Summer Registration

Campus Kids registration for summer is now open!

Campus Kids Summer Session allows students to enjoy a summer of fun. They will play with friends, and enjoy on-campus and off-campus adventures, as well as engaging learning activities. Registration includes breakfast and an afternoon snack every day along with a hot lunch Monday-Thursday (students must bring a cold lunch on Fridays).



Summer sessions fill up every year, so if you are interested, be sure to [register TODAY!](#)

# ACADEMIC SERVICES

## Summer Learning Opportunities

### High School Summer School Credit Recovery (9-12 grades)

This summer, we will have the opportunity for high school students needing to recover credit in core classes (math, science, ELA, and social studies). Summer credit recovery will take place the first three weeks after school is released (Monday-Thursday, June 12-June 29).



Students can sign up (free of charge) by [filling out this form](#) and selecting the course they would like to take. Students must register by June 9. If you register after May 19, transportation may not be available during the first week of class.

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## Summer Learning Opportunities K-12

For students K-12 who are interested in summer learning opportunities and do not qualify for Camp Red Hawk, we encourage you to visit [Summer BrainGain](#) from the Kent ISD. Keep learning all summer long with fun activities students can do on their own



Kent IDS also has a [summer program list](#). The list includes summer learning programs throughout West Michigan. There are many opportunities for students to stretch their skills and interests over the summer!

# FOOD SERVICES

## Summer "Meet Up and Eat Up"

The Food Service Department will provide free summer meals between June 12 and August 10.

No meals served July 3-7.

Monday - Thursday

Cedar Trails Elementary School

Breakfast: 8 a.m. - 9 a.m.

Lunch: 11 a.m. - 12:45 p.m.



Free meals are available for children 18 years of age and under, and for persons up to age 26 who are enrolled in an educational program for the mentally or physically disabled recognized by the state or local public education agency.

# STUDENT SERVICES

## Red Hawks Care

### Seasonal Affective Disorder (in Reverse!)

The spring season may bring bouts of sadness and intensify symptoms of depression and anxiety. Yes, that is correct; springtime depression is a real thing. Have you heard of [Reverse SAD?](#)



#### 7 Ways to Ease Symptoms of Reverse SAD:

1. Remember: You're not alone.
2. Get enough sleep.
3. Work out, and stay active.
4. Avoid remaining in isolation.
5. Consume a nutrient-rich diet.
6. Indulge in self-care
7. Seek professional support.

**Full Article on Mooditude.app**



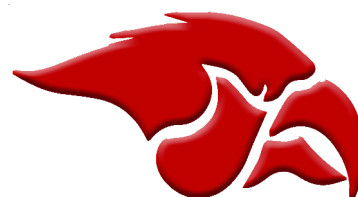
Red Hawks Care is our School Assistance Program. The program is available to all staff, students, and their households for **FREE**. If you need support for any life concern, call today to utilize the FREE counseling sessions provided with [Red Hawks Care School Assistance Program](#). Call 800-442-0809 and PRESS 1 to schedule an appointment.

Information above is provided by Pine Rest.

# RED HAWK ATHLETICS

## Summer Strength and Conditioning

Strength and condition training will be available for all students grades 6-12 in the weight room (students must enter through Red Hawk Stadium).



Tuesday, June 13 - Thursday, July 27 (no conditioning will be available the week of July 3-7, 2023)  
Monday-Thursday

- 7-8:15 a.m. - JV/Varsity Football
- 8:30-9:45 a.m. - High School Boys Sports
- 10-11:15 a.m. - High School Girls Sports
- 11:30 a.m.-12:15 p.m. - Middle Level Boys Sports
- 12:30 p.m.-1:15 p.m. - Middle Level Girls Sports

If you have questions, reach out to our athletic department at 616-696-9080.



**Cedar Springs Public Schools**

[csredhawks.org](http://csredhawks.org)



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